



School for Esoteric Studies

eNews

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Member Contributions

Sympathy means that the heart wells up with positive feelings for the other; it means to be positive towards someone and therefore to include them in the circle of one's love. Sympathy manifests as psychic fertilization that allows the flower of the other's heart to blossom. It is a deposit of psychic energy in the other. Sympathy is like a magnet that draws people together. When the bud of the heart is closed, a person likes no one but himself. When the bud opens, then the heart receives energy from above and diffuses it into the environment, establishing a sympathetic relationship. Sympathy is based on the knowledge that we all come from a common source, that is, we have a common origin and a common future. Also, we all have common experiences. This is how brotherhood is built.

Wisdom shows contact with the spirit. It is love manifested in knowledge. It shows unity of knowledge, unity both horizontally (the totality of knowledge) and vertically (spirit-matter). Wisdom embraces all knowledge and unites the center with the periphery. It encompasses all reality. It presupposes love, which leads to understanding. The love-wisdom dipole refers directly to the Second Ray. Wisdom means that through Soul contact you always know what is right to do.

Coordination or attunement means the ability of the heart to feel what is happening miles away. When hearts are coordinated or attuned, group evolution can become possible; the few pulling the many with them. Coordinated or attuned hearts can bring significant results. It is the basis of group meditation. In this context, they create the conditions for spirit to descend into matter. Coordination is a kind of internal magnetism, as if there is a great magnet in the center of the planet that attracts the hearts that tune into it. Coordination brings about great changes in the bodies of those with coordinated hearts. So, if all hearts were in tune, this would lead to the liberation of the planet. Because of the coordination, the heart can see the past and future as well as the present of other hearts. Because of the coordination, the experience of oneness is also possible.



I became part of a project for a shared vegetable garden. The city where I live allots a small portion of land on which citizens can grow their vegetables (amid apartment buildings). The association that manages the allotments has reserved the central portion (the heart of the vegetable garden) for a group of seven people who want to experience growing vegetables and flowers together. While all the other gardens have fences to separate one's produce from the neighbor's, our portion does not. We have planted flowers all around the perimeter (a touch of beauty), and we decide together what to grow. Whenever one of us is free to tend to the garden, we do so, sharing with the group what we are doing. When we can, we work together. I find that an open and shared vegetable garden among fences is a symbol of overcoming separateness and radiating a unifying energy.

Request an Entrance Questionnaire to the School on our [website](#). Students who have done advanced studies in the Ageless Wisdom are welcome to apply for our higher level coursework. Once we review the extent and type of study, meditation, and service you have done thus far, we can determine where to place you in the School's program sequence.

In this issue:

- Member Contributions
- NGWS Around the World
- Developing the *Will Towards Active Compassion*
- Key Points to Remember about the *Will Towards Active Compassion*
- Quote of the Season
- Did you know?
- Key Upcoming UN Days
- Books and Links
- School Initiatives



NGWS Around the World

[One Humanity](#) is a nonpartisan nonprofit providing thought leadership, education, and training to mobilize cross-sector leaders committed to selfless service for the common good. Our vision is: People and nations selflessly and cooperatively united to build a better world for the common good. *One Humanity's* values:

- **Universality:** We recognize the interconnectedness of our planet's people, nations, and all life.
- **Love for Humanity:** We develop our unique skills and capabilities to benefit a shared purpose based upon goodwill to all.
- **Self-restraint:** We voluntarily focus and direct our ambitions and aspirations for the common good rather than personal gain.

Text drawn and/or adapted from the organization's website.



Developing the Will Towards Active Compassion

A basic law affecting all human life is that each individual seeks to meet their own needs in a manner shaped by their nature, conditioning, personal history, environment, and the level of Will available to them.

Those expressing the *Will Towards Active Compassion* recognize this law in others. They understand that even when someone is caught in an unpleasant or destructive pattern – causing harm to themselves or others – they are still attempting to meet an unmet need. People expressing this Will seek to identify those needs sincerely and accurately. They understand that they are not truly the target of another's unpleasant behavior; such behavior almost always arises from the pain of one or more unmet, basic needs. The *Will Towards Active Compassion* is necessary to perceive

these needs from the other person's unique perspective and position in life.

This Will can also be applied inwardly – to determine one's own true needs. The energy of anger or frustration can then be redirected away from blame or shame, away from confrontation, and toward discovering mutually satisfying ways of meeting everyone's needs.

Certain qualities characterize the Will Towards Active Compassion:

Inner silence, coupled with a deeply attentive, listening attitude.

Patience, which allows the one in need to express their need in their own time and in their own way.

A willingness to read between the lines – to see beyond another's behavior and perceive the underlying unmet need(s); and to attend to those needs rather than react to our annoyance, anger, or resentment about the outer behavior.

Inner silence creates openness and allows for a deeper understanding of the other person's point of view. It also helps us connect with the source of our own transpersonal energy – establishing contact with the promptings of the Higher Self. From this connection, intuitive insights and guidance emerge, which are not usually accessible through our habitual emotional or intellectual consciousness. This deep inner stillness "washes out" the noise of personal activity and allows intuitive wisdom from higher levels to enter.

Focusing on the quality of service we offer becomes a barometer of our contact with the Higher Self and a means of strengthening that contact. A simple, heartfelt aspiration may guide us: "Help me to truly see and meet the needs of others wisely and lovingly." It is said that "Service is the instinct of the Soul." Where this Soul-service is active, a deep joy arises – even in difficult or seemingly hopeless outer circumstances. This is distinctly different from reluctant service, which is performed from a sense of obligation or guilt, often painful and based on conditional love (an earlier stage on the path to unconditional love).

Service performed with the *Will Towards Active Compassion* brings prosperity to all parties – in physical, emotional, mental, and spiritual forms – depending on the type of need being met. Whether tangible or intangible, such service is always valuable for a customer, a client, a family member, a friend, or even an opponent. These exchanges enrich both the giver and the receiver.



Key Points to Remember about the Will Towards Active Compassion

- The mindset of the *Will Towards Active Compassion* opens our awareness to the needs of others without distortion. Its aim is not only to perceive those needs accurately but also, where practical, to help meet them.
- Awareness of our own needs is equally essential. Without this awareness, we risk overextending ourselves, which can lead to resentment or even burnout. While self-sacrifice may sometimes be called for, true compassion includes care for oneself.
- Lasting success in relationships depends on the presence of the *Will Towards Active Compassion* on both sides. Needs are foundational to life. When true needs are met, genuine satisfaction results.
- Those who cultivate this Will often become exceptional listeners and communicators. Meeting others' needs (not their wants), where practical, brings prosperity on all levels to everyone involved.
- Sharing ideas often meets needs more effectively and enduringly than simply doing something for another.
- Teaching skills fosters confidence and independence. Habitually doing things for others may weaken them or create dependency – and can breed resentment.
- Arrogance is a sign of the absence of the *Will Towards Active Compassion*. True humility is always present in those who express this Will genuinely.
- the *Will Towards Active Compassion* is not weakness – it is a conscious and powerful act of Will.
- Other transpersonal qualities – such as inner silence, wisdom, and joyful service – emerge and grow alongside this Will.
- This Will is especially helpful in the process of forgiveness, which ultimately leads to unconditional love.

The wisdom of the transpersonal realm is available to all of us. By asking sincerely at that level, we may receive guidance—immediately, or over time. We must remain open to the answers, even if they don't immediately seem to "fit" or appear practical. The path may reveal itself gradually. The response may involve giving practical assistance, offering skills or knowledge, or simply showing love and understanding as someone walks their difficult path. Or it may be something entirely unexpected. Let us not limit ourselves—let us allow creativity to flow freely. In time, we may choose to set aside a regular period each day to practice the *Will Towards Active Compassion*, until it becomes second nature.



Quote of the Season

If you aim to be something you are not, you will always fail. Aim to be you. Aim to look and act and think like you. Aim to be the truest version of you. Embrace that you-ness. Endorse it. Love it. Work hard at it. And don't give a second thought when people mock it or ridicule it.

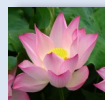
Matt Haig

Did you Know?



Members of the New Group of World Servers (NGWS) support a global vision based on spiritual unity, international cooperation, and human progress. They believe in an inner spiritual government and a guiding evolutionary Plan for humanity, though each may interpret it differently based on their background. What matters most is their connection to the spiritual

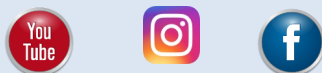
energy directing human affairs and their dedication to advancing its goals. They actively promote goodwill among nations, avoid divisive issues, and focus on shared goals and progress. They help the public understand global developments as part of a broader shift toward more enlightened values and social systems. They also emphasize that the many political, religious, and social experiments happening worldwide are part of humanity's growth. Some will lead to liberation and progress, while those that promote hatred or division need to be abandoned for true global understanding and unity. The NGWS believe world peace, international order, and religious understanding are essential foundations for lasting economic stability. The values of Unity, Peace, and Abundance are seen as the path forward, each naturally leading to the next. The New Group of World Servers, though still developing, has the potential to significantly shift public awareness and opinion – if supported by committed effort and self-sacrifice from those who understand and believe in its mission.



School for Esoteric Studies

Please send contributions and suggestions for future eNews to:
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The School for Esoteric Studies provides esoteric discipleship training for spiritual seekers around the world free of charge. Consider donating to the School for Esoteric Studies.



Make A Donation

Key Upcoming UN Days



August

- 12 – International Youth Day
- 19 – World Humanitarian Day
- 23 – International Day for the Remembrance of the Slave Trade and its Abolition

September

- 5 – International Day of Charity
- 8 – International Literacy Day
- 9 – International Day to Protect Education from Attack
- 15 – International Day of Democracy
- 21 – International Day of Peace
- 26 – International Day for the Total Elimination of Nuclear Weapons
- 28 – International Day for Universal Access to Information

October

- 02 – International Day of Non-Violence
- 16 – World Food Day
- 17 – International Day for the Eradication of Poverty
- 24 – United Nations Day

Books and Links

[Conflicts, Crises, and Synthesis](#). This e-book contains 22 articles by Roberto Assagioli, 12 of which have never been published before in the English language, so there are exciting new insights into the questions of suffering and how to make the most of it. These articles take us through the journey of personal and spiritual development, the stages of unfoldment, and the crises and conflicts we must face to be authentic human beings. The message of this book is that there is a unique life path to greater personal and spiritual unfoldment and that suffering and joy are endemic to the evolution of consciousness – the pain of growth and the joy of expanding our capabilities and ability to be who we are in the innermost sense of our being.

School Initiatives

We are delighted to announce that the three Talks for the Spiritual Festivals are now available on our website. To read the talks, click on the links below:

- [Easter Festival Talk](#)
- [Wesak Festival Talk](#)
- [Goodwill Festival Talk](#)

New Pearl of Wisdom: A new evocative image on the Law of Economy is now available on our website. [Click here to see it.](#)