



School for Esoteric Studies

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Member Contributions

I'm a relatively new SES student, and I have limited experience and few reference points from which to describe how group work or the work of groups can be an expression and part of the NGWS. What I know so far comes from reading the website and from the emails I received at the beginning. However, on further reflection, I realize that I am already directly experiencing the service that all of you offer to the members and friends of the SES: the richness of the commentaries you provide each month, and the generous availability with which you accompany and support us. This is a clear sign – indeed concrete evidence – of service offered from the heart, a quality that belongs to the NGWS. For the time being, I can visualize myself as a cell, still on the periphery of this group, a tiny spark within a network of Light composed of many points of light distributed across the planet. This network is represented by the SES, which in turn is linked to other service groups. Being consciously part of this network makes a real difference, because I intentionally build, in my consciousness, a sense of group identity, even though we do not know one another on the physical plane.



I attended a TED conference in Turin (Italy) as an audience member, and by the end of the evening I felt revitalized. I sensed how an event like this can play an important role as a vehicle for spreading virtuous behaviors and for inspiring greater awareness of goodness and inclusion.

There were many speakers, and each shared their story in a fifteen-minute talk. I especially appreciated their ability to synthesize in just a few minutes, life stories that were often deeply meaningful.

I was struck by the diversity of the stories, which reflected many different realities – a way of fostering inclusion and expanding one's understanding. I also appreciated all those who made the event possible: the volunteers, the sponsors, and the technical staff. Each person played their part and contributed to the final outcome; had any element been missing, the event could not have taken place. It was a moment of unity, of building networks, and of creating a shared field.

As an example, I was deeply impressed by the story of a group led by a woman architect who collaborated on a project to restore a small historic space in our city – a project that gave back this formerly run-down space to the community. It is now a cooperative, co-working hub, centered on the principles of sharing. The space brings together people who can offer time and skills to those who need support for their own projects. Through her story, she conveyed great love for our historical heritage, a passion for care, and the joy of giving a small jewel back to the city.

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Image: Pamela Di



NGWS Around the World

[Global Ecovillage Network](#): The Global Ecovillage Network envisions a world of empowered citizens and communities, designing and implementing their own pathways to a sustainable future, and building bridges of hope and international solidarity. An ecovillage is an intentional, traditional or urban community that is consciously designed through locally owned, participatory processes in all four dimensions of sustainability (social, culture, ecology and economy) to regenerate their social and natural environments. The goals are:

- To advance the education of individuals from all walks of life by sharing the experience and best practices gained from the networks of ecovillages and sustainable communities worldwide.
- To advance human rights, conflict resolution, and reconciliation by empowering local communities to interact globally, while promoting a culture of mutual acceptance and respect, effective communications, and cross-cultural outreach.
- To advance environmental protection globally by serving as a think tank, incubator, international partner organization, and catalyst for projects that expedite the shift to sustainable and resilient lifestyles.
- To advance citizen and community participation in local decision-making, influencing policy-makers, and educating the public to accelerate the transition to sustainable living.

Text drawn and/or adapted from the organization's website. The School for Esoteric Studies does not necessarily endorse materials provided through links to other groups and organizations.



Serving With The Power Of The Mind



Anyone who desires to serve should understand that his or her work will be useful and have meaning if the impulse to serve originates on the higher mental plane – the realm of higher energies – on which are generated those creative processes that translate into our daily world as manifestations of the Plan. This is what is known as “subjective work,” and it presupposes a definite orientation toward one’s higher polarity, or Soul, in order to be a conscious creator capable of manipulating matter according to Spiritual Laws and necessity.

We arrive at this stage of evolution through the grace of experience, which leads us to an understanding of the Plan, to the development of our own capacity and possibilities as builders, and to the knowledge of the world of energies. It especially leads us to recognize that we are part of an important, vital process that is both obligatory and universal.

A sense of universality distinguishes the true server and indicates that the focus of his or her attention has shifted from the small circle of the personal I in order to embrace an ever-widening compass. This occurs via a process of mental elevation and expansion that enables us to overcome any limitation. We approach universality to the degree that we can overcome our attachments, our desires and our egotism, and cease fixating on the lower self in order to extend our awareness to the group, humanity and the world. Then we are liberated from the glamor of the temporal and enter into the consciousness of the eternal.

When we succeed in expanding our awareness, we discover our true selves as important members of the human family, as cells in the body of a larger entity and as part of a system of energies that condition and stimulate us to become conscious participants. It is in this conscious participation, in this voluntary acceptance of our role in the eternal cosmic drama where our work lies as true servers; servers who are truly active elements in the process of manifestation; in the expression of the laws, and in the completion of the Plan.

Even with our extremely limited grasp of the Plan, we perceive that it includes spiritualization, perfectibility, and a return to the purity of our original being. This original state of being is hard for us to imagine on this plane, but its potential is felt as so completely inherent in us that we are impelled to achieve it in spite of our ignorance and apparent inferiority. That potential is our force, and we have recourse to it when we decide to tread the path of return and the consequent life of service. Treading the path is, in reality, a creative and participatory action, an expression of that aforementioned universality. To tread the path is to build a road toward higher consciousness, toward becoming that consciousness, toward the refinement of our matter and toward enlightenment. It is the building of a stairway that ascends toward the center from which we emanated.

This is real work, done by the “Real Self,” with real aims and materials. It is a subjective work that must gestate in the world of causes and meaning in order to precipitate later as an effect in the concrete, objective world. As servers, it is necessary for us to recognize the fundamental importance of this subjective work, as well as the role of the mind with its mechanisms for action, its handling of mental matter, the construction of thoughtforms and their vitalization, and the manifestation of thought in such a way that an effect is produced according to this Law and in compliance with the Plan.

The Will To Clear Communication



In previous issues of **eNews** we have explored different ways of developing goodwill. This time we look at *The Will To Clear Communication*. Communication implies becoming “at-one” or unified with someone. It comes from the same root as the word “community.” When we are not “at-one” we are in difference, there is separation, misunderstanding, and often the scene is ripe for conflict. Many ills arise from people: 1) Not being able to know and express their needs or point of view clearly, and 2) Not making sufficient effort to understand other people’s needs and points of view accurately.

Both of these can lead to stress, strain, negativity, breakdown, illness, or injury. Love flow is blocked. Good communication occurs when people match each others preferred sensory language style. To communicate with, to learn from, and to teach each other we need to become aware of these facts and learn to use them wisely. This could ease many difficulties and traumas in education and relationships. We all need to become more aware of the power of thought and speech. There are thoughts and words that heal as surely as the right medicine or surgery in the appropriate situations. There are also harmful thoughts and words, which can wound, or even cause death. Right use of speech, both inner and outer, is essential for love to flow and right relationships to be created and maintained. Wherever clear communication and understanding are lacking, frustration and conflict become more likely.

The need for *The Will To Clear Communication* must be recognized and explored and learned by training in right speech. Its importance for service cannot be underestimated. It is just as important to Goodwill and Unconditional Love in Action, and it is an aspect of the Will To *Compassion*.

More tips about developing goodwill patterns can be found in our booklet [The Goodwill Patterns on our website](#).



Quote of the Season

Life is never made unbearable by circumstances, but only by lack of *meaning and purpose*. Forces beyond your control can take away everything you possess except one thing, your *freedom to choose how you will respond* to the situation. The *Will-to-Meaning* is the primary motivation in human beings.

Viktor Frankl

The Esoteric Quarterly Archive is now on the SES website!

[Esoteric Quarterly Archives – School for Esoteric Studies](#)

We are quite pleased to announce that the SES website now hosts the Esoteric Quarterly Archives. For many years the Esoteric Quarterly (EQ) was a valued and highly regarded resource for aspirants and disciples around the world. Although new issues of the EQ are no longer being published and the EQ website has come to an end, as a service SES now provides a home for all past issues of the EQ so that this remarkable collection of articles is preserved and remains available to the spiritual community.

Since its emergence, The Esoteric Quarterly has served as a distinctive voice in the field of esoteric philosophy—a bridge between scholarship, the Ageless Wisdom tradition, and the growing global community of spiritual seekers. From its founding, the Quarterly has offered a platform for deep reflection on metaphysical life, the evolution of consciousness, and the practical application of spiritual principles.

To access the EQ archives, go to the SES website: esotericstudies.net. After you choose a language and enter the website, look for the “Esoteric Quarterly Archives” found on the yellow tabs at the top of the webpage. We are still making adjustments to this new page, but in the meantime all past issues have been uploaded and are available. At some point in the future, we hope to also make available the EQ’s Author Index and Book Review Index.

We salute Donna Brown for her many years of deeply meaningful service as founder and editor of the EQ. At the top of the EQ webpage there is a brief history of the EQ and recognition of those whose efforts made publication of the EQ possible over the many years.

The **School for Esoteric Studies** makes esoteric discipleship training available to spiritual seekers around the world.

Request an Entrance Questionnaire to the School on our [website](#). Students who have done advanced studies in the Ageless Wisdom are welcome to apply for our higher level coursework. Once we review the extent and type of study, meditation, and service you have done thus far, we can determine where to place you in the School’s program sequence.

Please send contributions and suggestions for **eNews** to:
info@esotericstudies.net



Upcoming Key International UN Days

- 05 June: World Environment Day
- 08 June: World Oceans Day
- 10 June: International Day for Dialogue among Civilizations
- 21 June: International Day of Yoga
- 11 July: World Population Day
- 30 July: International Day of Friendship
- 01-07 August: World Breastfeeding Week
- 09 August: International Day of the World's Indigenous Peoples
- 12 August: International Youth Day
- 19 August: World Humanitarian Day
- 21 August: International Day of Remembrance and Tribute to the Victims of Terrorism
- 22 August: International Day Commemorating the Victims of Acts of Violence Based on Religion or Belief
- 29 August: International Day against Nuclear Tests
- 05 September: International Day of Charity
- 08 September: International Literacy Day
- 09 September: International Day to Protect Education from Attack
- 15 September: International Day of Democracy
- 21 September: International Day of Peace

These observances provide opportunities to raise awareness and promote action on important global issues. For a complete and updated list, please refer to [the United Nations' official website](#).

Consider donating to the School for Esoteric Studies. Your contribution will help others tread the Path.



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